

Prüfungsprogramm 6.KYU + 5. KYU

6. KYU

| TACHIWAZA | | | |
|-----------------------|---|-----------------|--|
| Shomenuchi Kiawase | 1 | Iriminage | |
| | 2 | Kotegaeshi | |
| Katatetori Aihanmi | 3 | Ikkyo Omote | |
| | 4 | Ikkyo Ura | |
| Katatetori Gyakuhanmi | 5 | Shihonage Omote | |
| | 6 | Shihonage Ura | |
| Ryotetori | 7 | Tenchinage | |
| | 8 | Genkeikokyunage | |

5. KYU

| TACHIWAZA | | | |
|-----------------------|----|-----------------|------------|
| Shomenuchi Kiawase | 1 | Iriminage | |
| | 2 | Kotegaeshi | |
| | 3 | Ikkyo Omote | |
| | 4 | Ikkyo Ura | |
| | 5 | Sumiotoshi | |
| | 6 | Uchikaitennage | |
| Katatetori Aihanmi | 7 | Ikkyo Omote | |
| | 8 | Ikkyo Ura | |
| | 9 | Nikyo Omote | |
| | 10 | Nikyo Ura | |
| | 11 | Iriminage | |
| | 12 | Kotegaeshi | |
| Katatetori Gyakuhanmi | 13 | Shihonage Omote | |
| | 14 | Shihonage Ura | |
| | 15 | Tenchinage | |
| | 16 | Genkeikokyunage | |
| | 17 | Uchikaitennage | |
| | 18 | Sotokaitennage | |
| Ryotetori | 19 | Tenchinage | |
| | 20 | Genkeikokyunage | |
| | 21 | Shihonage Omote | |
| | 22 | Shihonage Ura | |
| Chudantsuki | 23 | Ikkyo (Gokyo) | Uchisabaki |
| | 24 | Kotegaeshi | Sotosabaki |